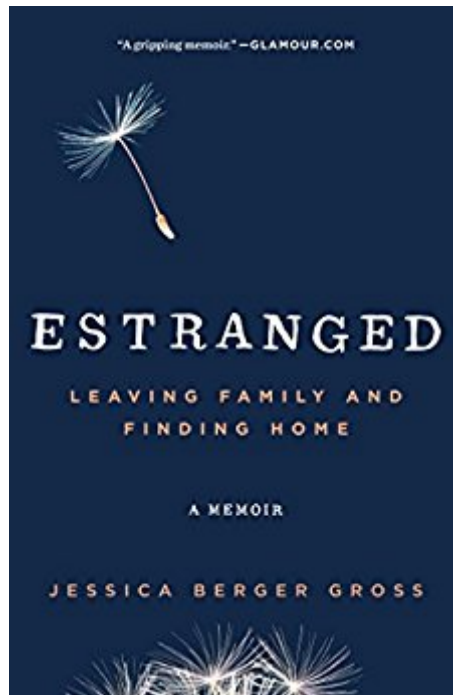




Ebook Directory
the best source of ebook

The book was found

Estranged: Leaving Family And Finding Home



Synopsis

A powerful, haunting memoir about one woman's childhood of abuse and her harrowing decision to leave it all behind that redefines our understanding of estrangement and the ability to triumph over adversity. To outsiders, Jessica Berger Gross's childhood "growing up in a nice Jewish family in middle class Long Island" seemed as wholesomely American as any other. But behind closed doors, Jessica suffered years of physical and emotional abuse at the hands of her father, whose mood would veer unexpectedly from loving to violent. At the age of twenty-eight, still reeling from the trauma but emotionally dependent on her dysfunctional family, Jessica made the anguished decision to cut ties with them entirely. Years later, living in Maine with a loving husband and young son, having finally found happiness, Jessica is convinced the decision saved her life. In her powerful memoir reminiscent of Jeannette Walls's bestseller *The Glass Castle*, Jessica breaks through common social taboos and bravely recounts the painful, self-defeating ways in which she internalized her abusive childhood, how she came to the monumental decision to break free from her family, and how she endured the difficult road that followed. Ultimately, by extracting herself from the damaging patterns and relationships of the past, Jessica has managed to carve an inspiring path to happiness—one she has created on her own terms. Her story, told here in a careful, unflinching, and forthright way, completely reframes how we think about family and the past.

Book Information

File Size: 1503 KB

Print Length: 289 pages

Page Numbers Source ISBN: 1501101609

Publisher: Scribner (July 11, 2017)

Publication Date: July 11, 2017

Sold by: Simon and Schuster Digital Sales Inc

Language: English

ASIN: B01M7WUVIU

Text-to-Speech: Not enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #84,957 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #108
inÂ Books > Parenting & Relationships > Family Relationships > Dysfunctional Families #400
inÂ Kindle Store > Kindle eBooks > Biographies & Memoirs > Women #1066 inÂ Kindle Store >
Kindle eBooks > Biographies & Memoirs > Memoirs

Customer Reviews

This is a thoughtful and moving memoir about how family relationships shape us, and about how one can gain the strength and courage to end relationships that have caused deep harm. This book illustrates our capacity to understand, process and forgive abuse while choosing not to continue the relationship in which it took place. The writer's familiar, conversational style takes you along with her on her inspiring journey from an unpredictable abusive childhood to adulthood where she was able to create the family she always craved. This is not a memoir of the most horrific abuse one could imagine, it is in its "everydayness" that it finds its power - - a regular family in a regular suburb, with emotional and physical abuse that leaves lasting scars.

Estranged is a powerful and emotional memoir that captures the complexity of parent/ child relationships- especially when there is abuse involved. Jessica Berger Gross beautifully and painfully weaves together the push and pull of love and hate between her and her abusive, yet loving father and her emotionally withdrawn mother. Jessica's recollection of her youth is a walk back in time as she describes her childhood in a way that encapsulates all of our youths- from the TV shows we watched to the clothing we wore. Jessica's stark honesty about her experience is so relatable and I highly recommend this memoir.

Moving and wonderfully written, I couldn't put this book down. I found myself audibly cheering at her courage and strength. There is much to be gained from this book even for people who haven't gone through this kind of abuse. Definitely well worth the read!

The author writes clearly and compassionately about her life and her family. There are very few books that openly discuss the abuses of many parents and the complex hurt and confusion their children face. Often children have no place to turn for help. Adult children hear criticism when they complain. This book is so well written. I recommend it highly.

Estranged is a moving and powerful memoir that I could not put down. Not only does the author

tackle an extremely taboo subject--she can write! Even though the subject matter was tough--this book is anything but a slog to get through. I was captivated the whole way though and really look forward to her other works. I also hope this book will create more open discussion and less judgement around family estrangement. Highly highly recommended!

A must read for all, whether touched by estrangement or not. It is the reminder we all need that we do not know anyone's story. Kindness matters and in this revealing, important, "can't put down" memoir, you quickly realize things aren't always what they seem.

An honest, raw, moving , authentic memoir of a woman's abusive childhood and her ability to prevail and find love and give love and most of all to love herself.

Loved this book!

[Download to continue reading...](#)

Estranged: Leaving Family and Finding Home Leaving the Fold: A Guide for Former Fundamentalists and Others Leaving Their Religion Leaving Paradise 10th Anniversary Edition (A Leaving Paradise Novel) Mind Estranged: My Journey from Schizophrenia and Homelessness to Recovery Done With The Crying: Help and Healing for Mothers of Estranged Adult Children Abandoned Parents: An Author's Invitation to Estranged Adult Children: Please take the time to read this brief message The Leaving Morning (Theme 5: Home Sweet Home) Gay Dating Success: Finding Real Love and Intimacy In a Straight World (Real Love, Sex, Finding Women, Finding Men Book 1) Brain Tumors: Leaving the Garden of Eden--A Survival Guide to Diagnosis, Learning the Basics, Getting Organized, and Finding Your Medical Team Beginner's Home Recording On A Budget: How to Build an Affordable Recording Studio at Home and Get Your Music Heard (Home Recording, Home Recording for ... Songwriting, Home Studio, Acoustic) INTERIOR DESIGN : The Beginner's guide, organise your home, techniques and principles on art of decoration: Customise your home with us (Home design, home construction, home arranging with style) Leaving the United States: How We Moved to Costa Rica: An expat family's story of relocating to another country. 10 Gifts of Heart: What Your Child Needs to Take to Heart Before Leaving Home Home Automation - A Smart Home Guide: The Beginner's Manual Including Google Home, Echo Dot and Alexa. Easy Instructions, Directions and Commands ... and Home Automation Guide Series Book 1) Home Security: What Everyone Should Know About Home Security - Learn What to do in Order to Keep your Family Safe from a Home Invasion! Healing From Family Rifts : Ten Steps to Finding Peace

After Being Cut Off From a Family Member Beyond the Grave, Revised and Updated Edition: The Right Way and the Wrong Way of Leaving Money to Your Children (and Others) Finding One: Finding one's self amidst societal norms, digital life, and pursuing goals Hygge: The Danish Art of Living Happy, Finding the Joy in Simple Things and Escaping the Stresses of Modern Life (Hygge, Happiness, Finding Joy, Escaping Stress) Tears of the Silenced: A True Crime and an American Tragedy; Severe Child Abuse and Leaving the Amish

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)